

Week 1	Dinner:	Dessert:	Supper:	Dessert:
Sunday 04 May	Baked Ham Scalloped Potatoes Carrots and Peas <i>Sub: Beef Stew</i>	Apple Pie	<i>Homemade Sunday Soup</i> Turkey and Swiss Sandwiches Italian Salad Bar	Nanaimo Bars
Monday 05 May	Creamy Tomato Chicken Breasts Rice Pilaf with Orzo Cauliflower and Broccoli <i>Sub: Ham</i>	Assorted Desserts	<i>Soup of the day: Cream of Cauliflower</i> Tourtiere Peas and Pickled Beets	Lemon Squares
Tuesday 06 May	Maple Herb Pork Tenderloin Mashed Potatoes Peas and Sweet Potatoes <i>Sub: Chicken</i>	Maple Cream Cake	<i>Soup of the day: Tomato</i> Sloppy Joes and Coleslaw	Assorted Mini Tarts
Wednesday 07 May	Spinach and Ricotta Stuffed Shells Garden Salad <i>Sub: Pork Tenderloin</i>	Black Forest Cake	<i>Soup of the day: Beef and Barley</i> Chicken Salad Croissants Cheese Slices Pineapple Slices	Chocolate Chip Cookies with Fruit Cocktail
Thursday 08 May	Meatballs in Sweet and Sour Sauce Mashed Potatoes Green and Yellow Beans <i>Sub: Stuffed Shells</i>	Cheesecake	<i>Soup of the day: Cream of Carrot</i> Mini Quiche with Tomato Slice and Cottage Cheese	Carrot Cake
Friday 09 May	Beer Battered Cod Potato Wedges Brussel Sprouts and Corn <i>Sub: Meatballs</i>	Lemon Burst Macaroon Bars	<i>Soup of the day: Vegetable</i> Hot Roast Beef Sandwich Peas and Fries	Assorted Desserts
Saturday 10 May	Lasagna with Baguette <i>Sub: Fish</i>	Assortment of Cookies and Ice Cream	<i>Soup of the day: Cream of Squash</i> Chicken Hot Dogs Macaroni Salad and Chips	Butter Tart Bars

<u>Week 2</u>	Dinner:	Dessert:	Supper:	Dessert:
Sunday 11 May	Roast Turkey with Stuffing Mashed Potatoes Carrots and Peas <i>Sub: Lasagna</i>	Blueberry Pie	<i>Homemade Sunday Soup</i> Roast Beef and Cheese Sandwich Greek Salad Bar	Strawberry Shortcake
Monday 12 May	Smoked Meat Sandwich on Rye Bread, French Fries, Coleslaw and Dill Pickles <i>Sub: Turkey</i>	Assorted Desserts	<i>Soup of the day: Pea and Ham</i> Cheesy Scrambled Eggs Ham Slices Hashbrown Patties English Muffins	Oatmeal and Raisin Cookies with Yogourt
Tuesday 13 May	Pork Chops Mashed Potatoes Cauliflower and Broccoli <i>Sub: Smoked Meat</i>	Blueberry Crumble Bars	<i>Soup of the day: Vegetable</i> Pizza Sweet Potato Fries	Orange Citrus Cake
Wednesday 14 May	Spaghetti with Meat Sauce Caesar Salad <i>Sub: Pork chops</i>	Spice Cake	<i>Soup of the day: Potato Loaded Baked Soup</i> Chicken Salad, Deviled Eggs, Cheese Slices, Crackers	Assorted Danishes
Thursday 15 May	Meatloaf Mashed Potatoes Mixed Vegetables <i>Sub: Spaghetti</i>	White Cake with lemon sauce	<i>Soup of the day: Vegetable</i> Classic BLT with chips	Jello and Whipped Cream
Friday 16 May	Poached Haddock Potato Wedges Grilled Vegetables <i>Sub: Meatloaf</i>	Brownies and Ice Cream	<i>Soup of the day: Beef and Barley</i> Crispy Chicken Strips Fries Coleslaw	Assorted Desserts
Saturday 17 May	Greek Chicken Souvlaki Tzatziki Sauce Rice Pilaf Sunrise Vegetables <i>Sub: Haddock</i>	Assorted Cookies and Ice Cream	<i>Soup of the day: Chicken Noodle</i> Blueberry Pancakes Maple Syrup Breakfast Sausages Fruit Salad	Date Squares

Week 3	Dinner:	Dessert:	Supper:	Dessert:
Sunday 18 May	Roast Beef with Gravy Mashed Potatoes Carrots and Turnips <i>Sub: Greek Souvlaki</i>	Strawberry Rhubarb Pie with Ice Cream	<i>Homemade Sunday Soup</i> Ham and Cheese Sandwich Garden Salad Bar	Jello and Cookies
Monday 19 May	Chicken Vol-Au-Vent with Beets on the Side <i>Sub: Roast Beef</i>	Assorted Desserts	<i>Soup of the day: Cream of Mushroom</i> Loaded Potato and Meatloaf Casserole Mixed Cucumber and Tomato	Tiramisu Cake
Tuesday 20 May	Pork Roast Mashed Sweet Potato Broccoli and Corn <i>Sub: Chicken</i>	Banana Cake	<i>Soup of the day : Tomato Vegetable Rotini</i> Chicken Caesar Salad Garlic Bread	Molasses Cookies and Fruit Salad
Wednesday 21 May	Shepherds Pie and Coleslaw <i>Sub: Pork</i>	Chocolate Cake	<i>Soup of the day: Tomato</i> Grilled Cheese Sandwich Veggies and Dip Chips	Squares and Apple Sauce
Thursday 22 May	Greek Chicken Thighs Mashed Potatoes Assorted Vegetables <i>Sub: Shepherds pie</i>	Pouding Chomeur	<i>Soup of the day: Ham and Pea</i> Mini Sliders With Fries	Mixed Berry Muffins
Friday 23 May	Cheddar and Potato Crusted Cod Roasted Potatoes Assorted Vegetables <i>Sub: Chicken</i>	Red Velvet Cake	<i>Soup of the day: Cream of Broccoli</i> Waffles with Maple Syrup Breakfast Sausage Hashbrown Patties	Assorted Desserts
Saturday 24 May	Beef Teriyaki with Rice Broccoli and Carrots <i>Sub: Cod</i>	White Cake with caramel sauce	<i>Soup of the day: Chicken Noodle</i> Hot Chicken Sandwich Peas and Fries	Date Squares

<u>Week 4</u>	Dinner:	Dessert:	Supper:	Dessert:
Sunday 25 May	Baked Ham Scalloped Potatoes Carrots and Parsnips <i>Sub: Beef Teriyaki</i>	Homemade Pie	<i>Homemade Sunday Soup</i> Turkey and Swiss Sandwich Caesar Salad Bar	Strawberry Shortcake
Monday 26 May	Chicken Parmesan Italian Mashed Potatoes Broccoli and Sunrise Vegetables <i>Sub: Ham</i>	Assorted Desserts	<i>Soup of the day: Beef and Barley</i> Penne with Meat Sauce Garlic Bread	Lemon Squares
Tuesday 27 May	Braised Pork Shoulder Stew Bread Rolls <i>Sub: Chicken</i>	Boston Cream Cake	<i>Soup of the day: Cream of Carrot</i> Assorted Mini Quiche with Salad	Homemade Cookies with Fresh Berries
Wednesday 28 May	Chicken Thighs Orzo Rice Pilaf Broccoli and Carrots <i>Sub: Braised Pork</i>	Brownies and Coaticook Ice Cream	<i>Soup of the day: Chicken Noodle</i> Grilled Tomato Sandwiches Pickles and Chips	Banana Bread
Thursday 29 May	Salisbury Steak with Grilled Mushrooms Mashed Potatoes Mixed Vegetables <i>Sub: Chicken</i>	Carrot Cake	<i>Soup of the day: Tomato Tortellini</i> Pizza and Fries	Butter Tart Squares
Friday 30 May	Fresh Salmon Roasted Potatoes Corn and Brussel Sprouts <i>Sub: Salisbury Steak</i>	Pudding chomeur	<i>Soup of the day: Cream of Asparagus</i> Stuffed Peppers Side Salad	Assorted Desserts
Saturday 31 May	Smoked Meat Sandwich on Rye Bread, French Fries, Coleslaw and Dill Pickles <i>Sub: Salmon</i>	Apple Cake	<i>Soup of the day: Vegetable soup</i> Baked Beans with Ham, English Muffin and Sliced Tomato	Cookies and Jello

Week 5	Dinner:	Dessert:	Supper:	Dessert:
Sunday 01 Jun	Roast Turkey with Stuffing Mashed Potatoes Carrots and Peas <i>Sub: Smoked Meat</i>	Blueberry Pie	<i>Homemade Sunday Soup</i> Bologna and Cheese Sandwich Mexican Salad Bar	Brownies and Coaticook Ice Cream
Monday 02 Jun	Sweet and Sour Chicken Rice Stir Fry Vegetables <i>Sub: Roast Turkey</i>	Assorted Desserts	<i>Soup of the day: Cream of Tomato</i> Beef Stroganoff Mushroom Sauce Egg Noodles	Homemade Cookies and Fresh Berries
Tuesday 03 Jun	Pulled Pork Sandwich Potato Wedges Coleslaw <i>Sub: Chicken Stir fry</i>	Carrot Cake	<i>Soup of the day: Chicken Noodle</i> Chili Baked Potato Sliced Cucumbers	White Cake with Blueberry Sauce
Wednesday 04 Jun	Greek Meatballs Cucumber-Yogurt Sauce Rice Green Beans and Corn <i>Sub: Pulled Pork</i>	Banana Cake	<i>Soup of the day: Cream of Carrot</i> Turkey and Cheese Croissant Watermelon Slices	Orange Lemon Squares
Thursday 05 Jun	Chicken Pie with Biscuits <i>Sub: Shepherds Pie</i>	Apple Cake	<i>Soup of the day: Cream of Vegetable</i> Ravioli with rosée sauce Baguette	Vanilla Custard with Whipped Cream
Friday 06 Jun	Fish & Chips with Coleslaw <i>Sub: Chicken Pie</i>	Maple Cake	<i>Soup of the day: Tomato</i> Grilled Cheese Sandwich Veggies and Dip Chips	Assorted Desserts
Saturday 07 Jun	Beef Stew with Bread Buns <i>Sub: Fish</i>	Date Squares	<i>Soup of the day: Ham and pea</i> Waffles with Maple Syrup Breakfast Sausage Hashbrown Patties	Assorted Cookies and Yogurt

Breakfast Menu

Selection of Fresh Fruit, Greek Yoghurt, Eggs, Toast with Jams, Cold Cereals

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Juice of the Day	Orange	Grape	Apple	Orange	Cranberry	Pineapple	Apple
Hot Cereal of the Day	Oatmeal	Cream of Wheat	Oatmeal	Cream of Wheat	Oatmeal	Oat Bran	Cream of Wheat

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Hot Cereal of the Day	Oatmeal	Cream of Wheat	Oatmeal	Cream of Wheat	Oatmeal	Oat Bran	Cream of Wheat

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Monday 05 May	Creamy Tomato Chicken Breasts Rice Pilaf with Orzo Cauliflower and Broccoli Sub: Ham	Assorted Desserts	Soup of the day: Cream of Cauliflower Tourtiere Peas and Pickled Beets	Lemon Squares
Tuesday 06 May	Maple Herb Pork Tenderloin Mashed Potatoes Peas and Sweet Potatoes Sub: Chicken	Maple Cream Cake	Soup of the day: Tomato Sloppy Joes and Coleslaw	Assorted Mini Tarts
Wednesday 07 May	Spinach and Ricotta Stuffed Shells Garden Salad Sub: Pork Tenderloin	Black Forest Cake	Soup of the day: Beef and Barley Chicken Salad Croissants Cheese Slices Pineapple Slices	Chocolate Chip Cookies with Fruit Cocktail

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Thursday 08 May	Meatballs in Sweet and Sour Sauce Mashed Potatoes Green and Yellow Beans Sub: Stuffed Shells	Cheesecake	Soup of the day: Cream of Carrot Mini Quiche with Tomato Slice and Cottage Cheese	Carrot Cake
Friday 09 May	Beer Battered Cod Potato Wedges Brussel Sprouts and Corn Sub: Meatballs	Lemon Burst Macaroon Bars	Soup of the day: Vegetable Hot Roast Beef Sandwich Peas and Fries	Assorted Desserts
Saturday 10 May	Lasagna with Baguette Sub: Fish	Assortment of Cookies and Ice Cream	Soup of the day: Cream of Squash Chicken Hot Dogs Macaroni Salad and Chips	Butter Tart Bars

Week 2	Dinner:	Dessert:	Supper:	Dessert:
Sunday 11 May	Roast Turkey with Stuffing Mashed Potatoes Carrots and Peas Sub: Lasagna	Blueberry Pie	Homemade Sunday Soup Roast Beef and Cheese Sandwich Greek Salad Bar	Strawberry Shortcake
Monday 12 May	Smoked Meat Sandwich on Rye Bread, French Fries, Coleslaw and Dill Pickles Sub: Turkey	Assorted Desserts	Soup of the day: Pea and Ham Cheesy Scrambled Eggs Ham Slices Hashbrown Patties English Muffins	Oatmeal and Raisin Cookies with Yogourt
Tuesday 13 May	Pork Chops Mashed Potatoes Cauliflower and Broccoli Sub: Smoked Meat	Blueberry Crumble Bars	Soup of the day: Vegetable Pizza Sweet Potato Fries	Orange Citrus Cake
Wednesday 14 May	Spaghetti with Meat Sauce Caesar Salad Sub: Pork chops	Spice Cake	Soup of the day: Potato Loaded Baked Soup Chicken Salad, Deviled Eggs, Cheese Slices, Crackers	Assorted Danishes

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Thursday 15 May	Meatloaf Mashed Potatoes Mixed Vegetables Sub: Spaghetti	White Cake with lemon sauce	Soup of the day: Vegetable Classic BLT with chips	Jello and Whipped Cream
Friday 16 May	Poached Haddock Potato Wedges Grilled Vegetables Sub: Meatloaf	Brownies and Ice Cream	Soup of the day: Beef and Barley Crispy Chicken Strips Fries Coleslaw	Assorted Desserts
Saturday 17 May	Greek Chicken Souvlaki Tzatziki Sauce Rice Pilaf Sunrise Vegetables Sub: Haddock	Assorted Cookies and Ice Cream	Soup of the day: Chicken Noodle Blueberry Pancakes Maple Syrup Breakfast Sausages Fruit Salad	Date Squares

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Sunday 18 May	Roast Beef with Gravy Mashed Potatoes Carrots and Turnips Sub: Greek Souvlaki	Strawberry Rhubarb Pie with Ice Cream	Homemade Sunday Soup Ham and Cheese Sandwich Garden Salad Bar	Jello and Cookies
Monday 19 May	Chicken Vol-Au-Vent with Beets on the Side Sub: Roast Beef	Assorted Desserts	Soup of the day: Cream of Mushroom Loaded Potato and Meatloaf Casserole Mixed Cucumber and	Tiramisu Cake
Tuesday 20 May	Pork Roast Mashed Sweet Potato Broccoli and Corn Sub: Chicken	Banana Cake	Soup of the day : Tomato Vegetable Rotini Chicken Caesar Salad Garlic Bread	Molasses Cookies and Fruit Salad
Wednesday 21 May	Shepherds Pie and Coleslaw Sub: Pork	Chocolate Cake	Soup of the day: Tomato Grilled Cheese Sandwich Veggies and Dip Chips	Squares and Apple Sauce

Week 3	Dinner:	Dessert:	Supper:	Dessert:
Thursday 22 May	Greek Chicken Thighs Mashed Potatoes Assorted Vegetables Sub: Shepherds pie	Pouding Chomeur	Soup of the day: Ham and Pea Mini Sliders With Fries	Mixed Berry Muffins
Friday 23 May	Cheddar and Potato Crusted Cod Roasted Potatoes Assorted Vegetables Sub: Chicken	Red Velvet Cake	Soup of the day: Cream of Broccoli Waffles with Maple Syrup Breakfast Sausage Hashbrown Patties	Assorted Desserts
Saturday 24 May	Beef Teriyaki with Rice Broccoli and Carrots Sub: Cod	White Cake with caramel sauce	Soup of the day: Chicken Noodle Hot Chicken Sandwich Peas and Fries	Date Squares

Week 4	Dinner:	Dessert:	Supper:	Dessert:
Sunday 25 May	Baked Ham Scalloped Potatoes Carrots and Parsnips Sub: Beef Teriyaki	Homemade Pie	Homemade Sunday Soup Turkey and Swiss Sandwich Caesar Salad Bar	Strawberry Shortcake
Monday 26 May	Chicken Parmesan Italian Mashed Potatoes Broccoli and Sunrise Vegetables Sub: Ham	Assorted Desserts	Soup of the day: Beef and Barley Penne with Meat Sauce Garlic Bread	Lemon Squares
Tuesday 27 May	Braised Pork Shoulder Stew Bread Rolls Sub: Chicken	Boston Cream Cake	Soup of the day: Cream of Carrot Assorted Mini Quiche with Salad	Homemade Cookies with Fresh Berries
Wednesday 28 May	Chicken Thighs Orzo Rice Pilaf Broccoli and Carrots Sub: Braised Pork	Brownies and Coaticook Ice Cream	Soup of the day: Chicken Noodle Grilled Tomato Sandwiches Pickles and Chips	Banana Bread

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Thursday 29 May	Salisbury Steak with Grilled Mushrooms Mashed Potatoes Mixed Vegetables Sub: Chicken	Carrot Cake	Soup of the day: Tomato Tortellini Pizza and Fries	Butter Tart Squares
Friday 30 May	Fresh Salmon Roasted Potatoes Corn and Brussel Sprouts Sub: Salisbury Steak	Pudding chomeur	Soup of the day: Cream of Asparagus Stuffed Peppers Side Salad	Assorted Desserts
Saturday 31 May	Smoked Meat Sandwich on Rye Bread, French Fries, Coleslaw and Dill Pickles Sub: Salmon	Apple Cake	Soup of the day: Vegetable soup Baked Beans with Ham, English Muffin and Sliced Tomato	Cookies and Jello

Week 5	Dinner:	Dessert:	Supper:	Dessert:
Sunday 1 Jun	Roast Turkey with Stuffing Mashed Potatoes Carrots and Peas Sub: Smoked Meat	 Blueberry Pie	Homemade Sunday Soup Bologna and Cheese Sandwich Mexican Salad Bar	 Brownies and Coaticook Ice Cream
Monday 2 Jun	Sweet and Sour Chicken Rice Stir Fry Vegetables Sub: Roast Turkey	 Assorted Desserts	Soup of the day: Cream of Tomato Beef Stroganoff Mushroom Sauce Egg Noodles	 Homemade Cookies and Fresh Berries
Tuesday 3 Jun	Pulled Pork Sandwich Potato Wedges Coleslaw Sub: Chicken Stir fry	 Carrot Cake	Soup of the day: Chicken Noodle Chili Baked Potato Sliced Cucumbers	 White Cake with Blueberry Sauce
Wednesday 4 Jun	Greek Meatballs Cucumber-Yogurt Sauce Rice Green Beans and Corn Sub: Pulled Pork	 Banana Cake	Soup of the day: Cream of Carrot Turkey and Cheese Croissant Watermelon Slices	 Orange Lemon Squares

Week 5	Dinner:	Dessert:	Supper:	Dessert:
Thursday 05 Jun	Chicken Pie with Biscuits Sub: Shepherds Pie	Apple Cake	Soup of the day: Cream of Vegetable Ravioli with rosée sauce Baguette	Vanilla Custard with Whipped Cream
Friday 06 Jun	Fish & Chips with Coleslaw Sub: Chicken Pie	Maple Cake	Soup of the day: Tomato Grilled Cheese Sandwich Veggies and Dip Chips	Assorted Desserts
Saturday 07 Jun	Beef Stew with Bread Buns Sub: Fish	Date Squares	Soup of the day: Ham and pea Waffles with Maple Syrup Breakfast Sausage Hashbrown Patties	Assorted Cookies and Yogurt